

Tinnitus Retraining Therapy for Management of Tinnitus and Hyperacusis

Norway, August 2017

Jastreboff Hearing Disorders Foundation, Inc

Preliminary curriculum

Aim: This course is intended for participants who provide clinical management services for patients with tinnitus and/or hyperacusis. The purpose of the courses is to teach the theoretical basis and clinical implementation of Tinnitus Retraining Therapy (TRT), based on a neurophysiological model of tinnitus and hyperacusis, so the participants will be able to help patients utilizing this habituation-oriented approach.

Faculty: Pawel. J. Jastreboff, Ph.D., Sc.D., M.B.A.
Margaret M. Jastreboff, Ph.D.

Topics: The various topics – and time spent (minutes):

- (30) Introduction
- (60) Tinnitus & decreased sound tolerance: definitions and epidemiology
- (135) Neurophysiological model of tinnitus: from theory to practice
- (15) Challenges related to your patients & practice (in groups)
- (60) Rationale underlying treatment schedule & administrative issues
- (60) Medical evaluation & treatments
- (45) Initial interview and questionnaires
- (15) Discussion
- (45) Audiological evaluation
- (45) Patients' classification
- (45) Demonstration of initial interview
- (90) Counseling and sound therapy in TRT
- (60) Decreased sound tolerance
- (75) Demonstration of counseling
- (60) Review of instruments
- (60) Fitting, amplification, combination instruments, REM
- (30) Sound based treatments
- (60) Initial interview and counseling (in groups)
- (15) Comments to counseling
- (45) Follow up appointments
- (45) Positive and negative aspects of TRT and supplemental therapies
- (45) Results of TRT
- (75) Summary, discussion, FAQ (interactive)

Time schedule:

Friday 25th: 09:00 – 17:00 (Lunch: 11:30 – 12:30)
Saturday 26th: 08:00 – 17:00 (Lunch: 12:00 – 13:00)
Sunday 27th: 08:00 – 16:00 (Lunch: 12:00 – 13:00)

Venue:

Radisson Blue Airport Hotel Gardermoen
(just 2 minutes' walk from airport terminal)

Booking and payment:

Kim Stensnes (HLF): stensnes@hlf.no

Other inquiries:

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V. 2017-05-24

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